

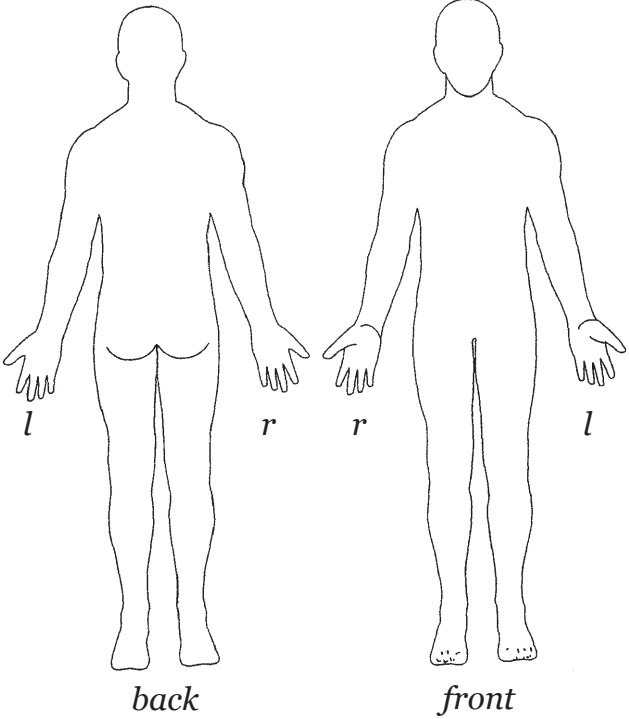
## New Client Information

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
 Phone number where we may leave a confidential message: \_\_\_\_\_  
 Private email: \_\_\_\_\_ Please send me your newsletter:  Yes  No  
 Date of Birth: \_\_\_\_\_ Employer/Occupation: \_\_\_\_\_  
 Who may we thank for referring you? \_\_\_\_\_  
 Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

What is your primary objective for seeking bodywork today? \_\_\_\_\_  
 Have you ever had a professional therapeutic massage?  Yes  No How long ago? \_\_\_\_\_  
 Have you ever had cranio-sacral therapy?  Yes  No How long ago? \_\_\_\_\_  
 Are there any areas of your body that you would like avoided altogether? \_\_\_\_\_

Do you suffer from any of the following:  
 Stress: frequency \_\_\_\_\_  
 Headaches: frequency \_\_\_\_\_  
 Sleep difficulty \_\_\_\_\_  
 Dizziness \_\_\_\_\_

Please mark any areas of numbness, dysfunction, discomfort, tingling, pins and needles, burning, aching, stabbing pain, spasm, stiffness, or preferred area(s) of focus, and describe:  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



**How to rate your symptoms on a pain scale of one to ten:**

- 10 The pain is intense, constant, greatly restricts your activities, and it is impossible to go more than 5 minutes without awareness of the pain.
- 9 The pain is intense, constant, greatly restricts your activities, but you can forget about the pain for up to 15 minutes at a time.
- 8 The pain is significant, moderately intense at times, but not constant. Most activities are affected, and you think about it once or twice an hour.
- 7 The pain is significant at times, but never intense and not constant. Most activities are affected, and you think about it once or twice an hour.
- 6 The pain is moderate, yet too frequent to ignore. Some activities are affected. Hours can go by without being aware of the pain.
- 5 The pain is moderate, yet too frequent to ignore. Almost no activities are affected. Hours can go by without being aware of the pain.
- 4 The pain is little more than a nuisance, and you go through your whole day frequently aware, but not really affected by it.
- 3 The pain is little more than a nuisance, your awareness of the pain may be absent for a whole day at a time, and you are never affected by it.
- 2 At it's worst, the pain is best described as uncomfortable. Days can go by without being aware of it.
- 1 At it's worst, the pain is best described as uncomfortable. Your symptoms do not recur more frequently than once a week.

## Medical History

yes no

- Are you wearing medical devices?  Contacts  Dentures  Hearing Aid  Other \_\_\_\_\_
- Do you suffer from any of the following?  
 Skin disorders:  Rash  Yeast  Fungus  Psoriasis  Infection  Other \_\_\_\_\_  
 Allergies:  Latex  Peppers  Oils  Nuts  Skin care ingredients  Other \_\_\_\_\_
- Are you under the care of a physician for any reason? Please explain \_\_\_\_\_
- What medications are you taking and when was your last dose? \_\_\_\_\_
- Any recent/current illnesses?  Infectious  Viral  Bacterial  Other \_\_\_\_\_
- Have you ever been diagnosed with any of the following conditions?  
 Arthritis. Type and location(s) \_\_\_\_\_  
 High blood pressure  Low blood pressure  Aneurism  DVT  Other \_\_\_\_\_  
 Heart Disease  
 Diabetes:  Type I  Type II (Adult Onset)  Other \_\_\_\_\_  
 Cancer. Type and location(s) \_\_\_\_\_  
 Spinal condition:  Scoliosis  Osteoporosis  Other \_\_\_\_\_  
 Asthma  Other medical condition(s) \_\_\_\_\_  
Date(s) of diagnosis of any of the above conditions \_\_\_\_\_
- Have you ever had surgery?  
Affected area of the body \_\_\_\_\_ Date/Year(s) \_\_\_\_\_
- Menstrual cycle issues:  Pain/Cramping  Irregularity  Other \_\_\_\_\_
- Are you now pregnant? What trimester? \_\_\_\_\_ Any complications? \_\_\_\_\_
- Do you have any needs that require special attention? \_\_\_\_\_
- Do you have any questions before we get started? \_\_\_\_\_

## General Understanding

I understand that Clinical Massage Therapy and other related health care services from this office are not in any way to be used instead of or in place of consulting a Physician for diagnosis and treatment of any physical symptoms, but to be used in conjunction with, or on the advice, referral, or prescription of, my Physician(s).

\_\_\_\_\_ Please initial.

I understand that my scheduled appointments are reserved exclusively for me. I agree to call my therapist as soon as I know I cannot keep an appointment. All missed appointments, and cancellations made after 5pm the business day preceding any scheduled appointment, will be billed at \$25.00 per half hour for the time reserved. I agree to be responsible for these charges, and payment will be made before the time of my next visit. If I miss two appointments without notice, my treatment will be terminated and I will pay full price for my missed appointments. I understand that this policy is in place to assist Oregon Clinical Massage and my therapist in providing the best possible care to me and all others who benefit from these services.

\_\_\_\_\_ Please initial.

By my signature, I verify that all information provided is true and correct to the best of my knowledge. I promise to keep Oregon Clinical Massage updated on any changes in my health and residence. I understand that in the therapy session(s) my comfort level will always come first and that I, or the therapist, may request the treatment to stop or change for any reason. I agree to payment at the time of service by cash or check. I agree to pay a \$25 fee for any returned NSF checks.

Patient (or Guardian's) Signature \_\_\_\_\_ Date \_\_\_\_\_